

ST. JAMES' (C OF E) JUNIOR SCHOOL

Every Child, Every Chance, Every Day.



WEEKLY NEWSLETTER

FRIDAY 8TH MAY 2026

YEAR 6...

Dear Year 6,

As you begin your SATs tests next week, I wanted to take a moment to tell you just how proud we are of each and every one of you. You have worked incredibly hard throughout the year and shown great determination, resilience and maturity.

The SATs are simply an opportunity for you to show off what you know and all the learning you have done during your time at St. James' Junior School. We know you are ready.

But remember - SATs do not measure everything that makes you special. They do not show how kind, caring and polite you are. They do not show how brilliantly some of you speak more than one language, how talented you are in sports, art or music, or how much you make others smile each day. They cannot measure your creativity, your sense of humour, your friendships or the wonderful people you are becoming.

SATs are only a small snapshot of your school life, not a measure of who you are. So please do not feel nervous or put too much pressure on yourselves. The most important thing is that you try your best - and that is all we could ever ask for.

Over the next week, make sure you get plenty of sleep and have an early night each evening so that you feel rested and ready for the day ahead. We would also love to see as many of you as possible at our free Breakfast Club each morning from 8am. It is a great chance to relax, spend time with your friends and start the day feeling calm and positive.

Good luck, Year 6. Believe in yourselves, stay positive and remember that we are all behind you every step of the way.

We are very proud of you all.

Golden Book AWARDS

Our theme for the Golden Book this week has been 'Someone who has tried very hard with their handwriting.'

The children in the Golden Book this week are:

3R	Amir
3W	Zain
3/4MS	Nasima
4A	Muna
4B	Zainab
5F	Hibbah
5H	Subhan
5/6FB	Ozil
6K	Michael
6Q	Emmanuel

Well done to all this week's winners.



What Parents & Educators Need to Know about OFCOM MEDIA REPORT 2025

Every year, Ofcom releases its Children and Parents: Media Use and Attitudes Report, offering fresh insights into how young people are using digital platforms. The 2025 edition highlights key safeguarding concerns as children's engagement with social media, gaming, and live streaming continues to grow. This guide pulls out the top statistics from the report, focussing on the main areas of concern for parents and educators.

ONLINE LIVES

Children are engaging with social media and online content at increasing rates:

37%
3-5s

now have access to social media platforms; however, only a small proportion use it independently of parents.

79%
3-17s

have a social media profile, with 16% including a public photo.

66%
3-17s

watch livestreamed videos regularly, with 16% of them streaming their own content.

POST

ONLINE GAMING

Gaming remains popular but raises concerns:

74%

of children say they play with someone they know, while 32% report playing with strangers.

62%

of parents worry about their children talking to strangers while gaming.

31%

of children who game online chat with people they don't know.

PARENTAL CONCERNS

Parents are increasingly worried about online risks:

70%

fear their child may see age-inappropriate or sexual content.

68%

fear exposure to content that promotes self-harm.

72%

worry about their child distinguishing real from fake information.

61%

worry about exposure to extreme views.

69%

are concerned about online bullying.

SCREEN TIME

Screen time is still a major challenge for parents:

70%

of parents of 13-17s say it's difficult to manage screen time.

33%

of 8-17s think their own screen time is too high.

At 29% vs 24%

boys were more likely than girls to disagree that their screen time is too high.

18

HARMFUL CONTENT & INTERACTIONS

A significant minority of children continue to have negative feelings about social media and messaging apps:

Nearly four in ten 8-17s believe that people are mean or unkind to each other online all or most of the time.

Girls aged 8-17 are more likely than boys to say they have experienced someone being nasty or hurtful to them online (31%).

One third of teenagers agree that it's important that people can say what they want online, even if it offends someone.

ONLINE SAFETY IN SCHOOLS

Positively, the vast majority of children reported learning about online safety at school:

92%

of children aged 8-17 recall at least one lesson on online safety and most report finding them useful.

The top three topics covered are:

63%

How to recognise harmful content.

63%

How to keep personal information safe.

62%

Being kind and respectful online.

#WakeUpWednesday

The National College